

SUN		MON		TUE		WED		THUR		FRI		SAT															
<p><b>** Activities listed in BOLD and with an asterisk are events or trips that require sign-up in the <i>Bluebook</i>.</b></p>		<p>No Aquatics Classes - Free Swim 1:00 October Dietitian Talk (L) 1:00 Duplicate Bridge (FS) 1:00 Resident Council (R) 2:30 Scrabble (R) 3:00 "Congregating Faith" Talk (T) 3:30 Computer Assistance (CC) 3:45 Happy Hour (L) 4:00 Trivia Night (L) 7:00 Spiritual Book Study (R)</p>		<p><b>1</b></p>		<p>9:30 Woodcarving (AR) <b>11:15 Lunch Bunch (I)**</b> 1:30 Social Bridge (GR) <b>2:00 Chesterfield Library (I)**</b> 3:00 Bible Study (R) 3:00 Parkinson's Dance Group (MR) 3:15 Wii Sports (S) 4:00 Sing Along (L) 4:30 Happy Hour (L)</p>		<p><b>2</b></p>		<p>Massage 7:30 Woods Walkers 10:00 The Geezzers (GR) <b>10:00 CVS (I)**</b> 10:00 Writer's Group (CR) 11:00 Chair Yoga (IR) <b>1:00 Kroger (I)**</b> 2:30 Art Factory (AR) 3:30 Readers Theater (CR) 4:30 Happy Hour (L) <b>4:30 Kitchen Tours** (B)</b></p>		<p><b>3</b></p>		<p>Massage <b>9:00 Nail Specialist** (BS)</b> 9:30 Woodcarving (W) 10:30 Pottery (AR) 1:00 Hand &amp; Foot Card Game (CR) 2:00 Mah Jongg (GR) 3:00 "Operation Christmas Child" (L) 4:30 Happy Hour (L) 6:45 Billy Mitchell, Singer (MR)</p>		<p><b>4</b></p>		<p>7:30 Woods Walkers 9:00 Flu Shot Clinic (R) <b>9:00 Food Lion (I)**</b> <b>9:30 Walgreens (I)**</b> 11:00 Chair Yoga (IR) 1:00 Duplicate Bridge (FS) <b>1:00 Dollar Tree (I)**</b> 1:30 Line Dancing Class (MR) 2:30 Live Historical Interpreter (T) 4:30 Happy Hour (L)</p>		<p><b>5</b></p>		<p>10:00 Painting Class (AR) 1:30 Movie - "October Sky" (T) 4:30 Happy Hour (L) 4:30 Social Trivia (L)</p>		<p><b>6</b></p>			
<p><b>9:45 Brandermill Church (I)**</b> <b>10:30 Epiphany Church (I)**</b> 1:30 Movie - "October Sky" (T) 2:00 Yarn Arts (GR)</p>		<p>Hair Stylist Stefanie 9-1:30 <b>11:45 Men's Club** (Theater/Oscars)</b> 1:00 Duplicate Bridge (FS) 1:00 Coloring Club (CR) 2:00 Art/Drawing Class (AR) 2:30 Scrabble (R) 3:30 Computer Assistance (CC) 3:45 Happy Hour (L) 4:00 Trivia Night (L) 7:00 Spiritual Book Study (R)</p>		<p><b>7</b></p>		<p><b>9:00 Nail Specialist** (BS)</b> <b>9:30 New Kent Winery (III)**</b> 9:30 Woodcarving (AR) 1:30 Social Bridge (GR) 3:00 Bible Study (R) 3:00 Parkinson's Dance Group (MR) 3:15 Wii Sports (S) 4:30 Happy Hour (L)</p>		<p><b>8</b></p>		<p>Massage 7:30 Woods Walkers 10:00 The Geezzers (GR) <b>10:00 CVS (I)**</b> 11:00 Chair Yoga (IR) <b>1:00 Trader Joe's (I)**</b> 1:30 Wed. Western - "The Sons of Katie Elder" (T) 1:30 Book Club (R) 4:30 Happy Hour (L) 6:30 European Wind Ensemble (MR)</p>		<p><b>9</b></p>		<p>Massage 9:30 Woodcarving (W) 10:30 Pottery (AR) 12:00 Golf Tournament 1:00 Hand &amp; Foot Card Game (CR) 1:00 Voter Registration Assistance (Living Room) 1:30 Activities Planning Meeting (FS) 2:00 Mah Jongg (GR) 4:30 Happy Hour (L) 6:45 Martha and Me - Shenandoah Music (Meeting Room)</p>		<p><b>10</b></p>		<p>7:30 Woods Walkers <b>9:00 Walmart (I)**</b> <b>9:30 Walgreens (I)**</b> <b>10:00 AARP Safe Driving** (IR)</b> 11:00 Chair Yoga (IR) 1:00 Duplicate Bridge (FS) <b>1:00 Commonwealth Center (I)**</b> 1:30 Line Dancing Class (MR) 2:30 Resident Birthday and Anniversary Social (Meeting Room) 4:30 Happy Hour (L)</p>		<p><b>11</b></p>		<p>10:00 Painting Class (AR) <b>10:00 AARP Safe Driving** (R)</b> 11:00 Cornhole (IR) 1:30 Movie - "Rabbit Proof Fence" (T) 4:30 Happy Hour (L)</p>		<p><b>12</b></p>			
<p><b>9:45 Brandermill Church (I)**</b> <b>10:30 Epiphany Church (I)**</b> 1:30 Movie - "Rabbit Proof Fence" (T) 2:00 Yarn Arts (GR)</p>		<p>Last day to register to vote <b>12:00 Women's Club** (MR)</b> 1:00 Duplicate Bridge (FS) 2:30 Scrabble (R) 3:00 Physical Therapy Bingo (GR) 3:30 Computer Assistance (CC) 3:45 Happy Hour (L) 4:00 Trivia Night (L) 7:00 Spiritual Book Study (R)</p>		<p><b>13</b></p>		<p><b>9:00 VSP Med Flight Tour (III)**</b> 9:30 Woodcarving (AR) 1:30 Social Bridge (GR) 2:30 "Fall Prevention" Talk (FS) 3:00 Bible Study (R) 3:00 Parkinson's Dance Group (MR) 3:15 Wii Sports (S) 4:00 Sing Along (L) 4:30 Happy Hour (L) 7:00 Alzheimer's Support (The Haven)</p>		<p><b>14</b></p>		<p>Massage No Aquatics Classes 7:30 Woods Walkers 10:00 The Geezzers (GR) <b>10:00 CVS (I)**</b> 10:00 Writer's Group (CR) 11:00 Church of the Epiphany Mass (R) 11:00 Chair Yoga (IR) <b>1:00 Food Lion (I)**</b> 3:00 Poetry Plaza (CR) <b>4:30 Dinner Diners: Taste of Italy (I)**</b> 4:30 Happy Hour (L) <b>4:30 Kitchen Tours** (B)</b></p>		<p><b>15</b></p>		<p>Massage No Aquatics Classes <b>9:00 Nail Specialist** (BS)</b> 9:30 Woodcarving (W) 10:00 DMV Connect (The Chesterfield) 10:30 Pottery (AR) 1:00 Hand &amp; Foot Card Game (CR) 2:00 Moment with Mira (Meeting Room) 2:00 Mah Jongg (GR) 3:00 "Transitions" Talk (MR) 4:30 Happy Hour (L) 6:45 Carol Covell - Jazz Singer (MR)</p>		<p><b>16</b></p>		<p>No Aquatics Classes 7:30 Woods Walkers <b>9:00 Kroger (I)**</b> <b>9:30 Walgreens (I)**</b> 11:00 Chair Yoga (IR) 1:00 Duplicate Bridge (FS) <b>1:00 Westchester Commons (I)**</b> 1:30 Line Dancing Class (MR) 4:30 Happy Hour (L) <b>4:45 Richmond Oktoberfest (III)**</b> 6:45 Friday Night Classic - "When Harry Met Sally" (T)</p>		<p><b>17</b></p>		<p>Last Honor Flight 10:00 Painting Class (AR) 1:30 Movie - "The Leisure Seeker" (T) 4:30 Happy Hour (L) 4:30 Social Trivia (L) <b>6:30 Altria Symphony Masterworks: Beethoven &amp; Bernstein's 100th Celebration (II)**</b></p>		<p><b>18</b></p>			
<p><b>9:45 Brandermill Church (I)**</b> <b>10:30 Epiphany Church (I)**</b> 1:30 Movie - "The Leisure Seeker" (T) 2:00 Yarn Arts (GR)</p>		<p>Hair Stylist Stefanie 9 -1:30 1:00 Duplicate Bridge (FS) 1:00 Coloring Club (CR) 1:30 Monday Musical - "Jesus Christ Superstar" (T) 2:00 Art/Drawing Class (AR) 2:30 Scrabble (R) 3:30 Computer Assistance (CC) 3:45 Happy Hour (L) 4:00 Trivia Night (L) 7:00 Spiritual Book Study (R)</p>		<p><b>19</b></p>		<p>Peaks of Otter Signatour Trip <b>9:00 Nail Specialist** (BS)</b> <b>9:30 Metro Richmond Zoo (III)**</b> 9:30 Woodcarving (AR) 1:30 Social Bridge (GR) 3:00 Bible Study (R) 3:00 Parkinson's Dance Group (MR) 3:15 Wii Sports (S) 4:30 Happy Hour (L)</p>		<p><b>20</b></p>		<p>Massage 7:30 Woods Walkers 10:00 The Geezzers (GR) <b>10:00 CVS (I)**</b> 11:00 Chair Yoga (IR) 11:30 Episcopal Eucharist (R) <b>1:00 Wegmans (I)**</b> 2:30 Crater Community Hospice "Depression and Caregiver Isolation" (R) 4:30 Happy Hour (L) 6:30 Big Bingo (L)</p>		<p><b>21</b></p>		<p>Massage 9:30 Woodcarving (W) 10:30 Pottery (AR) 10:30 Don Vaught, Financial Advisor (T) 1:00 Hand &amp; Foot Card Game (CR) 1:30 New Resident Meet and Greet (L) 2:00 Mah Jongg (GR) 4:30 Happy Hour (L) 6:45 Oktoberfest (Meeting Room)</p>		<p><b>22</b></p>		<p>7:30 Woods Walkers 8:15 Woods Walkers Breakfast (L) <b>9:00 Food Lion (I)**</b> <b>9:30 Walgreens (I)**</b> 10:00 Jewelry Sale - Betty Hornick (L) 11:00 Chair Yoga (IR) 1:00 Duplicate Bridge (FS) 1:30 Line Dancing Class (MR) 1:30 Tea Drinkers (GR) <b>2:00 Library (I)** (Chesterfield County)</b> 4:30 Happy Hour (L)</p>		<p><b>23</b></p>		<p>10:00 Painting Class (AR) 11:00 Cornhole (IR) <b>12:45 Broadway in Richmond: Les Misérables (II)**</b> 1:30 Movie - "Same Kind of Different As Me" (T) 4:30 Happy Hour (L)</p>		<p><b>24</b></p>			
<p><b>9:45 Brandermill Church (I)**</b> <b>10:30 Epiphany Church (I)**</b> 1:30 Movie - "Same Kind of Different As Me" (T) 2:00 Yarn Arts (GR)</p>		<p>1:00 Duplicate Bridge (FS) 1:30 Met Opera - Rossini's "Semiramide" (T) 1:30 Paper Flower Making (AR) 2:30 Scrabble (R) 3:00 Brandermill Chorus Rehearsal (Meeting Room) 3:30 Computer Assistance (CC) 3:45 Happy Hour (L) 4:00 Trivia Night (L) 7:00 Spiritual Book Study (R)</p>		<p><b>25</b></p>		<p><b>8:00 Fall Foliage Tour: Carter Mountain Orchard: (III)</b> 9:30 Woodcarving (AR) 1:30 Social Bridge (GR) 3:00 Bible Study (R) 3:00 Parkinson's Dance Group (MR) 3:15 Wii Sports (S) 4:00 Sing Along (L) 4:30 Happy Hour (L)</p>		<p><b>26</b></p>		<p>Massage 10:00 The Geezzers (GR) <b>10:00 CVS (I)**</b> 10:00 Writer's Group (CR) 11:00 Chair Yoga (IR) <b>1:00 Shopping at Walmart (I)**</b> 3:00 Halloween Costume Party (Meeting Room) 4:30 Happy Hour (L) 6:00 Trick or Treaters (Roaming the Neighborhood &amp; MR)</p>		<p><b>27</b></p>		<p><u>Nurse Hours in Clinic</u> 9:00 - 11:00 a.m. Monday and Friday 1:00 - 3:00 p.m. Tue. Wed. and Thurs</p> <p><u>Genesis Rehab</u> On-Site Therapy Department Call 269-0034</p>		<p>Salon Hours Stefanie Monday, October 8 &amp; 22 9:00 a.m. - 1:30 p.m. *Sign up in the <i>Bluebook</i></p> <p>Tuesday - Friday Elaine Make appointments at ext. 259</p>		<p><u>Audiologist</u> Monday, October 22 Call 818-0000 for an appointment.</p> <p><u>Podiatrist</u> Tuesday, October 9 &amp; Tuesday, October 23 Sign-up in the <i>Bluebook</i> for an appointment.</p>		<p><b>28</b></p>		<p><b>29</b></p>		<p><b>30</b></p>		<p><b>31</b></p>	

# October 2018

Independent Living  
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